

### Chocolate Chip Cookie Dough, 0.9oz

INGREDIENTS: enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla, salt), brown sugar, sugar, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene color), butter, eggs, invert sugar, molasses, salt, baking soda, natural vanilla flavor.

CONTAINS: EGG, MILK, SOY, WHEAT.

<b>Nutrition Facts</b>	
48 Servings Per Container	
Serving size	1 cookie, 0.9oz (26g)
Amount per serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 60mg	3%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 44mg	0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Peanut Butter Cookie Dough, 0.9oz

INGREDIENTS: peanut butter chips (sugar, palm kernel oil, partially defatted peanut flour, non-fat milk powder, salt, soy lecithin), enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), peanut butter (roasted peanuts, dextrose, hydrogenated cottonseed and canola oils, salt), brown sugar, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene color), butter, sugar, eggs, salt, baking soda.

CONTAINS: EGG, MILK, PEANUT, SOY, WHEAT.

<b>Nutrition Facts</b>	
48 Servings Per Container	
Serving size <b>1 cookie, 0.9oz</b> (26g)	
Amount per serving	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 90mg	4%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 0mg	0%
Potassium 58mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

### Oatmeal Raisin Cookie Dough, 0.9oz

INGREDIENTS: enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), raisins, brown sugar, rolled oats, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene color), butter, sugar, eggs, molasses, salt, cinnamon, baking soda, natural vanilla flavor.

CONTAINS: EGG, MILK, SOY, WHEAT.

<b>Nutrition Facts</b>	
48 Servings Per Container	
Serving size	1 cookie, 0.9oz (26g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>100</b>
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 60mg	3%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 8g	
Includes 5g Added Sugars	10%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 48mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

### White Chocolate Macadamia Cookie Dough, 0.9oz

INGREDIENTS: enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), white chocolate chips (sugar, cocoa butter, milk powder, soy lecithin, vanilla), sugar, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene color), butter, coconut with sodium metabisulfite as a preservative, macadamia nuts, eggs, brown sugar, invert sugar, soy flour, salt, baking soda, natural vanilla flavor.

CONTAINS: EGG, MILK, SOY, TREE NUTS, WHEAT.

<b>Nutrition Facts</b>	
48 Servings Per Container	
Serving size	1 cookie, 0.9oz (26g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>120</b>
<b>% Daily Value*</b>	
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 55mg	2%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 9g	
Includes 8g Added Sugars	16%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 24mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

# Country Apple Dumplings

## Nutrition Facts

Serving Size 1 Dumpling (215g)

Servings Per Container 1

Amount Per Serving

Calories 360    Calories from Fat 180

% Daily Value\*

Total Fat 20g                      31%

    Saturated Fat 5g                25%

    Trans Fat 5g

Cholesterol 15mg                5%

Sodium 130mg                    5%

Total Carbohydrate 67g        22%

    Dietary Fiber 3g                12%

    Sugars 40g

Protein 3g

Vitamin A 2%                    • Vitamin C 6%

Calcium 2%                      • Iron 2%

# Cinnamon Rolls

<b>Nutrition Facts</b>		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 roll (71g)		<b>Total Fat</b> 9g	<b>13%</b>	<b>Total Carb.</b> 38g	<b>13%</b>
Serv. Per Cont. 12		Sat. Fat 3g	15%	Fiber 1g	4%
<b>Calories</b> 250		Trans Fat 0.5g		Sugars 16g	
Fat Cal. 80		<b>Cholest.</b> 20mg	<b>7%</b>	<b>Protein</b> 5g	
		<b>Sodium</b> 260mg	<b>11%</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 2%	Vitamin C 4%	Calcium 6%	Iron 8%

**INGREDIENTS:** Enriched Wheat Flour(Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid), Cream Cheese(Pasteurized Milk and Cream, Cheese Cultures, Guar and/or Locust Bean and/or Carrageenan Gums), Water, Sugar, Contains 2% or less of: Eggs, Vegetable Shortening(Palm Oil and Soybean Oil with Mono- and Diglycerides, Partially Hydrogenated Soybean and Cottonseed Oils, Polysorbate 60, Vitamin A Palmitate), Non-fat Dry Milk, Whey, Leavening(Yeast), Salt, Dough Conditioner(Wheat Flour, DITEM, Dextrose, Guar Gum, Corn Syrup Solids, Ascorbic Acid, L-Cysteine, Azodicarbonamide(ADA), Enzymes, Calcium Stearoyl-2 Lactylate, Maltodextrin, Modified Food Starch, Glucono-Delta Lactone, Natural and Artificial Flavors(Contains Disodium Phosphate, Propylene Glycol, Hydrochloric Acid), Cinnamon, Cinnamon Extract, Modified Corn Starch, Preservatives(Calcium Propionate, Benzoic Acid, Citric Acid, TBHQ).

**ALLERGY INFORMATION:**  
 Manufactured on Equipment that Processes Products Containing Tree Nuts(Walnuts and Pecans).  
**CONTAINS:** Eggs, Milk, Soy, Wheat

# Red Velvet Cake Roll

Calories	190	Sodium	230 mg
Total Fat	9 g	Potassium	0 mg
Saturated	4 g	Total Carbs	25 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	18 g
Trans	0 g	Protein	1 g
Cholesterol	15 mg		
Vitamin A	2%	Calcium	2%
Vitamin C	0%	Iron	2%

**Ingredients:** Sugar, cream cheese (pasteurized cultured milk, cream, salt, one or more of the following gums as a stabilizer (carob bean, locust bean, xanthan or guar), water, enriched bleached flour (wheat flour, niacin, ferrous sulfate, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, powdered sugar, partially hydrogenated vegetable shortening (soybean and/or cottonseed and/or canola oil, propylene glycol mono- and diesters of fatty acids, mono- and diglycerides, soy lecithin, BHT (preservative)), red 40. Contains 2% or less of each of the following: dextrose, modified corn starch, sodium bicarbonate, emulsifier (propylene glycol monoesters, monoglycerides, sodium stearoyl lactylate), nonfat milk, whey protein, salt, acidic sodium aluminum phosphate with aluminum sulfate, cocoa processed with alkali, mono and diglycerides with BHT and citric acid added as preservatives, tetrasodium pyrophosphate, cellulose, natural and artificial flavor (with milk), polysorbate 60, guar gum, potassium sorbate (preservative), artificial flavor, xanthan gum, maltol, soy lecithin.

**CONTAINS: EGG, MILK, SOY, WHEAT.**

# Pumpkin Roll

## Nutrition Facts

Serv. Size 1 Slice (3 oz.)

Servings Per Container 7

Calories 230

Fat Cal. 90

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 10g	15%	Total Carb. 36g	12%
Sat. Fat 6g	30%	Dietary Fiber 1g	4%
Trans Fat 0g		Sugars 28g	
Cholest 70mg	23%	Protein 3g	
Sodium 590mg	25%		
Vitamin A 8% • Vitamin C 0% • Calcium 4% • Iron 4%			

**Ingredients:** Cream Cheese (pasteurized cultured cream, skim milk, cream, natural acids, salt, one or more of the following gums as stabilizer: carob bean, locust bean, xanthan or guar), pumpkin, sugar, powdered sugar, eggs, wheat flour, margarine (partially hydrogenated soybean and cottonseed oil, skim milk, cultured skim milk, salt, vegetable mono, diglycerides, soy lecithin, vitamin A palmitate, beta carotene for color, artificial flavor) salt, natural and artificial flavor, cinnamon.

**CONTAINS: EGG, MILK, SOY, WHEAT.**





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## Five Cheese Garlic French Bread Pizza

<b>Nutrition Facts</b>	
Serving Size 1 Pizza (126g)	
Servings Per Container 6	
<b>Amount Per Serving</b>	
<b>Calories</b> 420	Calories from Fat 200
<b>% Daily Value*</b>	
<b>Total Fat</b> 23g	35%
Saturated Fat 8g	40%
Trans Fat 0g	
<b>Cholesterol</b> 25mg	9%
<b>Sodium</b> 870mg	36%
<b>Total Carbohydrate</b> 39g	13%
Dietary Fiber 2g	7%
Sugars 2g	
<b>Protein</b> 15g	
Vitamin A 15%	• Vitamin C 8%
Calcium 25%	• Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### COOKING INSTRUCTIONS: From FROZEN state only.

This product must be cooked to an internal temperature of 160° F prior to eating.

### MICROWAVE

1. Remove outer wrap.
2. Place pizza on card in center of microwave.
3. Microwave on HIGH 1 minute 20 seconds to 2 minutes 15 seconds or until cheese is melted.
4. Let stand for 1 minute.
5. Remove product from microwave and serve.

**CAUTION:** Product and card will be very hot. Microwave only one pizza at a time.

NOTE: Microwave units without a rotating carousel require product to be rotated 1/4 turn during cooking.

### CONVENTIONAL OVEN OR TOASTER OVEN

1. Preheat oven to 375° F (Toaster oven to 400° F).
2. Remove printed wrap and discard card.
3. Place product on baking sheet.
4. Bake 15 to 18 minutes until cheese melts and product is heated through.

NOTE: Remove product from protective wrap before placing in ovens. Due to variances in ovens, cooking times may require adjustment.

Refrigerate or discard any unused portion.





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## Cheese French Bread Pizza

### Nutrition Facts

Serving Size 1 Pizza (147g)  
Servings Per Container 6

**Amount Per Serving**

**Calories** 310      Calories from Fat 80

**% Daily Value\***

**Total Fat** 9g      14%

Saturated Fat 5g      25%

Trans Fat 0g

**Cholesterol** 20mg      6%

**Sodium** 880mg      37%

**Total Carbohydrate** 42g      14%

Dietary Fiber 2g      6%

Sugars 4g

**Protein** 15g

Vitamin A 10%      •      Vitamin C 10%

Calcium 25%      •      Iron 15%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### COOKING INSTRUCTIONS:

From FROZEN state only.

This product must be cooked to an internal temperature of 160° F prior to eating.

### MICROWAVE

1. Remove outer wrap.
2. Place pizza on card in center of microwave.
3. Microwave on HIGH 2 minutes 15 seconds to 3 minutes 15 seconds or until cheese is melted.
4. Let stand for 1 minute.
5. Remove product from microwave and serve.

**CAUTION:** Product and card will be very hot. Microwave only one pizza at a time.

NOTE: Microwave units without a rotating carousel require product to be rotated 1/4 turn during cooking.

### CONVENTIONAL OVEN OR TOASTER OVEN

1. Preheat oven to 375° F (Toaster oven to 400° F).
2. Remove printed wrap and discard card.
3. Place product on baking sheet.
4. Bake 18 to 22 minutes until cheese melts and product is heated through.

NOTE: Remove product from protective wrap before placing in ovens. Due to variances in ovens, cooking times may require adjustment.

Refrigerate or discard any unused portion.

# SALTED CASHEWS

INGREDIENTS: CASHEWS, PEANUT OIL & SALT.  
MAY CONTAIN PEANUT AND OTHER NUT TRACES.  
CONTAINS: PEANUTS.

<b>Nutrition Facts</b>		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size 1 OZ (28g)		Total Fat 14g	21%	Total Carbohydrate 8g	3%
Servings Per Container About 10		Saturated Fat 2.5g	14%	Dietary Fiber <1g	4%
Calories 160		Trans Fat 0g		Sugars 2g	
Calories from Fat 120		Cholesterol 0mg	0%	Protein 5g	
*Percent Daily Values are based on a 2,000 calorie diet.		Sodium 120mg	5%		
		Vitamin A 0%	Vitamin C 0%	Calcium 4%	Iron 8%

# CHOCOLATE COVERED PEANUTS

INGREDIENTS: MILK CHOCOLATE: SUGAR, WHOLE MILK, COCOA BUTTER, CHOCOLATE LIQUOR, SOYA LECITHIN (AN EMULSIFIER), AND VANILLIN (AN ARTIFICIAL FLAVORING), PEANUTS, VEGETABLE/PEANUT OIL. MAY CONTAIN OTHER NUT TRACES. CONTAINS: PEANUTS, MILK, AND SOY.

<b>Nutrition Facts</b>		Amount Per Serving		Amount Per Serving			
			% DV*		% DV*		
Serving Size 9 pieces (40g)		Total Fat	15g	23%	Total Carbohydrate	20g	7%
Servings Per Container About 7		Saturated Fat	8g	40%	Dietary Fiber	1g	4%
Calories 230		Trans Fat	0g		Sugars	18g	
Calories from Fat 130		Cholesterol	10mg	3%	Protein	4g	
*Percent Daily Values are based on a 2,000 calorie diet.		Sodium	30mg	1%			
		Vitamin A	2%	Vitamin C	2%	Calcium	8%
						Iron	4%

## HOKEY POKEY-9 oz.

**INGREDIENTS:** Sugar, Glucose, Popcorn, Brown Sugar, Butter, Pecans, Almonds, Cashews, Soy Lecithin, Coconut Oil, Salt, Soybean Oil.

**CONTAINS:** Almonds, Cashews, Pecans, Milk and Soy. This product is produced on shared equipment with other tree nuts and peanuts.

### NUTRITIONAL INFORMATION:

Serving Size 28grams      Servings Per Container 9

Calories	130	Calories from fat	45
		% of Daily Value	
Trans Fat	0		0%
Total Fat	5g		8%
Saturated Fat:	2.5g		12%
Cholesterol	5mg		2%
Sodium	80mg		3%
Total Carbs	18g		6%
Dietary Fiber	1g		3%
Sugars	12g		
Proteins	1g		
Vitamin A			2%
Vitamin C			0%
Calcium			0%
Iron			2%

- Daily Value Based on a 2000 calorie diet
- Please note this is the simplified label format
- As this product contains only Calories, Carbohydrates and Sugar in significant amounts

## CARAMEL CORN WITH CHOCOLATE DRIZZLE 9 oz.

**INGREDIENTS:** Sugar, Glucose, Popcorn, Brown Sugar, Butter, Confectionery coating, (sugar, palm kernel and fully hydrogenated palm, skim milk, cocoa powder, whole milk, sorbitan tristearate and soy lecithin, salt, natural and artificial flavors), soy lecithin, coconut oil, salt.

**CONTAINS:** Milk and Soy. This product is produced on shared equipment with tree nuts and peanuts

### NUTRITIONAL INFORMATION:

Serving Size 2 Tbspn (28g)	9 Servings Per Container
Calories 120	Calories from fat 45
	% of Daily Value
Trans Fat 0g	0%
Total Fat 5g	8%
Saturated Fat: 4g	20%
Cholesterol 5mg	2%
Sodium 20mg	1%
Total Carbs 19g	6%
Dietary Fiber 0g	0%
Sugars 13g	
Proteins 0g	
Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	0%

- Daily Value Based on a 2000 calorie diet
- Please note this is a simplified label format
- As this product contains only Calories, Carbohydrates and Sugar in significant amounts

Nutrition Facts	Soft Pretzel Nuggets	Soft Pretzel Nuggets with butter and salt	Soft Pretzel Nuggets with butter and cinnamon
	Approx. 8 Nuggets (72g)	Approx. 8 Nuggets (72g)	Approx. 8 Nuggets (72g)
Serving Size	Approx. 8 Nuggets (72g)	Approx. 8 Nuggets (72g)	Approx. 8 Nuggets (72g)
Servings Per Container	6	6	6
<b>Amount Per Serving</b>			
Calories	180	200	220
Calories from Fat	5	40	40
	% Daily Value*	% Daily Value*	% Daily Value*
<b>Total Fat</b>	.5g 1%	4.5g 7%	4.5g 7%
Saturated Fat	0g 0%	3g 15%	3g 15%
Trans Fat	0g	0g	0g
<b>Cholesterol</b>	0mg 0%	15mg 5%	15mg 5%
<b>Sodium</b>	210mg 9%	760mg 32%	170mg 7%
<b>Total Carbohydrate</b>	39g 13%	35g 12%	39g 13%
Dietary Fiber	1g 4%	2g 8%	2g 8%
Sugars	6g	5g	9g
<b>Protein</b>	4g	4g	4g
Vitamin A	0%	0%	4%
Vitamin C	2%	0%	0%
Calcium	8%	8%	8%
Iron	10%	2%	2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	2,000 Calories	2,500 Calories
Total Fat	<65g	<80g
Saturated Fat	<20g	<25g
Cholesterol	<300mg	<300mg
Sodium	<2,400mg	<2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



<b>Nutrition Facts</b>		Soft Pretzel	Soft Pretzel with butter and salt	Soft Pretzel with butter and cinnamon
Serving Size		1 pretzel (70g)	1 pretzel (76g)	1 pretzel (79g)
Servings Per Container		8	8	8
<b>Amount Per Serving</b>				
Calories		170	220	230
Calories from Fat		5	45	45
		<b>% Daily Value*</b>	<b>% Daily Value*</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	.5g	1%	5g	8%
Saturated Fat	0g	0%	3g	15%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	15mg	5%
<b>Sodium</b>	200mg	8%	770mg	32%
<b>Total Carbohydrate</b>	39g	13%	38g	13%
Dietary Fiber	1g	4%	2g	8%
Sugars	5g		6g	10g
<b>Protein</b>	4g		4g	4g
		<b>% Daily Value*</b>	<b>% Daily Value*</b>	<b>% Daily Value*</b>
Vitamin A		0%	Vitamin A	4%
Vitamin C		2%	Vitamin C	0%
Calcium		8%	Calcium	8%
Iron		10%	Iron	2%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>				
	2,000	2,500		
	Calories	Calories		
Total Fat	<65g	<80g		
Saturated Fat	<20g	<25g		
Cholesterol	<300mg	<300mg		
Sodium	<2,400mg	<2,400mg		
Total Carbohydrate	300g	375g		
Dietary Fiber	25g	30g		
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>				

# Key Lime Cheesecake

## Nutrition Facts

Serving Size 1 Slice (113g)  
 Servings Per Container 8  
**Calories 350**  
 Calories from Fat 180

Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*
<b>Total Fat 20g</b>	<b>31%</b>	<b>Total Carbohydrate 37g</b>	<b>12%</b>
Saturated Fat 6g	30%	Dietary Fiber 1g	4%
Trans Fat 0g		Sugars 26g	
<b>Cholesterol 75mg</b>	<b>25%</b>	<b>Protein 5g</b>	
<b>Sodium 140mg</b>	<b>6%</b>		
Vitamin A 10% • Vitamin C 0%		Calcium 10% • Iron 4%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  
 Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**NEW YORK STYLE**

<p><b>Nutrition Facts</b>                  Serving Size 1 Slice (113g)                  Servings Per Container 2  <b>Calories 360</b>                  Calories from Fat 180</p>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<p>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:                  Calories: 2,000 2,500</p> <table border="1"> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Saturated Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </table> <p>Calories per gram:                  Fat 9 • Carbohydrate 4 • Protein 4</p>	Total Fat	Less than	65g	80g	Saturated Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carbohydrate		300g	375g	Dietary Fiber		25g	30g
	Total Fat	Less than	65g	80g																									
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	Cholesterol	Less than	300mg	300mg																									
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Trans Fat 0g			Sugars 27g																										
<b>Cholesterol 75mg</b>		<b>25%</b>	<b>Protein 6g</b>																										
<b>Sodium 140mg</b>		<b>6%</b>																											
Vitamin A 10% • Vitamin C 0%		Calcium 10% • Iron 4%																											

**STRAWBERRY SWIRL**

<p><b>Nutrition Facts</b>                  Serving Size 1 Slice (113g)                  Servings Per Container 2  <b>Calories 350</b>                  Calories from Fat 170</p>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<p>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:                  Calories: 2,000 2,500</p> <table border="1"> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Saturated Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </table> <p>Calories per gram:                  Fat 9 • Carbohydrate 4 • Protein 4</p>	Total Fat	Less than	65g	80g	Saturated Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carbohydrate		300g	375g	Dietary Fiber		25g	30g
	Total Fat	Less than	65g	80g																									
	Saturated Fat	Less than	20g	25g																									
	Cholesterol	Less than	300mg	300mg																									
	Sodium	Less than	2,400mg	2,400mg																									
	Total Carbohydrate		300g	375g																									
Dietary Fiber		25g	30g																										
<b>Total Fat 19g</b>		<b>29%</b>	<b>Total Carbohydrate 39g</b>	<b>13%</b>																									
Saturated Fat 5g		25%	Dietary Fiber 1g	4%																									
Trans Fat 0g			Sugars 27g																										
<b>Cholesterol 70mg</b>		<b>23%</b>	<b>Protein 5g</b>																										
<b>Sodium 140mg</b>		<b>6%</b>																											
Vitamin A 10% • Vitamin C 2%		Calcium 10% • Iron 4%																											

**CHOCOLATE SILK**

<p><b>Nutrition Facts</b>                  Serving Size 1 Slice (113g)                  Servings Per Container 2  <b>Calories 410</b>                  Calories from Fat 210</p>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<p>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:                  Calories: 2,000 2,500</p> <table border="1"> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Saturated Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </table> <p>Calories per gram:                  Fat 9 • Carbohydrate 4 • Protein 4</p>	Total Fat	Less than	65g	80g	Saturated Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carbohydrate		300g	375g	Dietary Fiber		25g	30g
	Total Fat	Less than	65g	80g																									
	Saturated Fat	Less than	20g	25g																									
	Cholesterol	Less than	300mg	300mg																									
	Sodium	Less than	2,400mg	2,400mg																									
	Total Carbohydrate		300g	375g																									
Dietary Fiber		25g	30g																										
<b>Total Fat 24g</b>		<b>37%</b>	<b>Total Carbohydrate 42g</b>	<b>14%</b>																									
Saturated Fat 6g		30%	Dietary Fiber 1g	4%																									
Trans Fat 0g			Sugars 30g																										
<b>Cholesterol 65mg</b>		<b>22%</b>	<b>Protein 5g</b>																										
<b>Sodium 115mg</b>		<b>5%</b>																											
Vitamin A 8% • Vitamin C 0%		Calcium 6% • Iron 10%																											

**TURTLE**

<p><b>Nutrition Facts</b>                  Serving Size 1 Slice (113g)                  Servings Per Container 2  <b>Calories 420</b>                  Calories from Fat 210</p>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<b>Amount / Serving</b>	<b>% Daily Value*</b>	<p>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:                  Calories: 2,000 2,500</p> <table border="1"> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Saturated Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </table> <p>Calories per gram:                  Fat 9 • Carbohydrate 4 • Protein 4</p>	Total Fat	Less than	65g	80g	Saturated Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Total Carbohydrate		300g	375g	Dietary Fiber		25g	30g
	Total Fat	Less than	65g	80g																									
	Saturated Fat	Less than	20g	25g																									
	Cholesterol	Less than	300mg	300mg																									
	Sodium	Less than	2,400mg	2,400mg																									
	Total Carbohydrate		300g	375g																									
Dietary Fiber		25g	30g																										
<b>Total Fat 24g</b>		<b>37%</b>	<b>Total Carbohydrate 46g</b>	<b>15%</b>																									
Saturated Fat 6g		30%	Dietary Fiber 2g	8%																									
Trans Fat 0g			Sugars 31g																										
<b>Cholesterol 70mg</b>		<b>23%</b>	<b>Protein 6g</b>																										
<b>Sodium 150mg</b>		<b>6%</b>																											
Vitamin A 10% • Vitamin C 0%		Calcium 8% • Iron 6%																											

# Strawberry Cream Pastry Puffins

## Nutrition Facts

Serving Size 1 serving (54.34g)

Servings Per Container 12

Amount Per Serving

**Calories** 160      Calories from Fat 70

% Daily Value\*

**Total Fat** 7g      **11%**

    Saturated Fat 4.5g      **23%**

*Trans* Fat 0g

**Cholesterol** 20mg      **7%**

**Sodium** 115mg      **5%**

**Total Carbohydrate** 23g      **8%**

    Dietary Fiber <1g      **4%**

    Sugars 9g

**Protein** 2g

Vitamin A 6%      •      Vitamin C 0%

Calcium 0%      •      Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

# Apple Pastry Puffins

## Nutrition Facts

Serving Size 1 serving (54.37g)

Servings Per Container 12

Amount Per Serving

**Calories** 170      **Calories from Fat** 60

% Daily Value\*

**Total Fat** 7g      **11%**

**Saturated Fat** 4.5g      **23%**

**Trans Fat** 0g

**Cholesterol** 20mg      **7%**

**Sodium** 115mg      **5%**

**Total Carbohydrate** 24g      **8%**

**Dietary Fiber** <1g      **4%**

**Sugars** 10g

**Protein** 2g

**Vitamin A** 4%      •      **Vitamin C** 0%

**Calcium** 0%      •      **Iron** 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g